

Uplift Christ I Seek to Grow I Grow to Serve



THE POWER OF PRAYER AND GRATITUDE

Sabbath November 30, 2024

CONTENTS

NEW HERE? WELCOME!

Welcome and come visit us again and again!

1st Service: 9:00AM

Sabbath School: 10:15AM

2nd Service: 11:30AM







Website:

www.westwilmingtonsda.org

Facebook:

West Wilmington SDA Church

YouTube:

West Wilmington SDA

Instagram:

@wwsda_

Our Services are streamed live via our YouTube

Channel.

To receive our newsletters, scan here to fill out the contact form. See you next

Sabbath!



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Stewardship Update / Giving



WELCOME

Editorial by Art Calhoun (Columbia Union Conference)

"Multiple studies have shown that practicing gratitude results in being more resilient, more relaxed and less materialistic. It is difficult to be depressed and full of gratitude at the same time. This should not be surprising for people of the Word. "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God." (Col. 3:17). And "Give thanks in all circumstances; for this is God's will for you in Christ Jesus." (I Thes. 5:18).

Opportunities for gratitude can happen in the midst of adversity. Here is my prescription for practicing gratitude: keep a journal, and several times a week write specifically why you are thankful for someone in your life. Also, pick someone that has made a real difference in your life but whom you have not properly thanked. Write them a letter of gratitude. Send it to them or, better yet, deliver it in person. Gratitude as a way of life is one of the keys to having a productive, fulfilling and spiritually invigorating life."

CONTACT LIST

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WJA Principal | Mike Marinkovic 302.998.0530 | mike.marinkovic@wjasda.org

WJA Daycare Director | Cynthia Allsop | cynthy50@aol.com

WORSHIP SERVICE

9:00AM

Welcome & Opening Prayer

Roger Harrison

Gathering Song

SDA Hymnal #565 For the Beauty of the Earth

Responsive Reading

Psalm 100 NKJV

Prayer of Intercession

Roger Harrison

Song Response

Hear Our Prayer O Lord

Scripture Reading

1 Thessalonians 5:18

Sermon

Abdallah Celestin ~ The Power of Prayer & Gratitude

Closing Hymn

SDA Hymnal #545 Savior Like a Shepherd

Worship in Giving

Roger Harrison

Closing Remarks

Roger Harrison

Charge & Benedictory Reading

Roger Harrison ~ Psalm 114:14-15 NKJV

10:15AM ~ SABBATH SCHOOL PANEL

Lesson 9

The Source Of Life (Quarterly - Themes in the Gospel of John)

11:30AM

Welcome & Opening Prayer

Paulina Gyan

Opening Songs

Selected

Little Lambs Offering/ Kids Story

Rebecca Saint-Luc

Scripture Reading

Sarah Celestin ~ Thessalonians 5:18

Prayer of Intercession

Roger Harrison

Prayer Response

Hear Our Prayer O Lord

Special Music

Sermon

Abdallah Celestin ~ The Power of Prayer & Gratitude

Closing Hymn

SDA Hymnal #545 Savior Like a Shepherd

Worship in Giving

Roger Harrison

Closing Remarks

Sarah Celestin

Charge & Benedictory Reading

Sarah Celestin ~ Psalm 114:14-15 NKJV

Chorister: Praise Team

Instrumental/Pianist: Roger

Harrison

AV Team: Thank you, AV Team!

CALENDAR

DECEMBER 2024

- 7 WWSDA Communion Sabbath
- 7 LINC Christmas Program
- 14 Couples Only Chat and Chew (7pm: Location TBD. See page 6 for sign up instructions)
- 21 Community Service and food distribution (2:30 pm)
- 21 Sabbath morning Christmas Program & Family Life Christmas Party (6pm at WJA Gym)
- 27 Children's Vespers

JANUARY 2025

- 6 10 Week of Prayer: 8-9pm via Zoom
- 18 Community Service and food distribution (2:30 pm)
- 22 Children's Vespers
- 23 Women's Zumba (5-8pm @ WJA Gym)



GENERAL ANNOUNCEMENTS

The Greatest Christmas Gift



COME & EXPERIENCE
THE TRUE MEANING OF

CHRISTMAS

Church

Saturday December 7th @ 10AM : Life In Christ SDA Church Lunch to Follow

DEUTERONOMY 31:6

"BE STRONG AND OF GOOD COURAGE, DO NOT FEAR NOR BE AFRAID OF THEM; FOR THE LORD YOUR GOD, HE IS THE ONE WHO GOES WITH YOU. HE WILL NOT LEAVE YOU NOR FORSAKE YOU."

WEEK OF

JANUARY 2025 6TH - 10TH 8 PM

HOSTED BY

MOT, HCC, LINC AND

WEST WILMINGTON SDA CHURCHES

Join Zoom Meeting

Meeting ID: 912 6501 7991

Passcode: 587291





ANNUAL FAMILY CHRISTMAS PARTY: UGLY SWEATER PARTY ~
 "JOSEPH AND HIS SWEATER OF MANY COLORS"

Join us for an evening of festive celebration, hot cocoa, games, fun, music, and great fellowship

WHEN: Saturday December 21, 2024 at 6pm

WHERE: WJA Gym (3003 Mill Creek Road, Wilmington DE 19808) **QUESTIONS:** Please contact Irmina (Family Life Ministry) at wwfamilylifeministry@gmail.com

• FAMILY LIFE UPDATES:

<u>Volunteers Needed:</u> Family Life Ministry is seeking dependable, committed, eager to work for the Lord members for the Family Life Ministry Team. If interested, please text Irmina at 302-579-2997.

Couples Only Chat and Chew Night Out

Saturday, December 14, 2024 ~ Time: 7:00PM ~ Location: TBD Once you sign up you will be contacted with further information. Sign up is required. RSVP no later than Friday, December 6, 2024. You can sign up at the church foyer or text 302-579-2997 (Please leave your name and contact information)

• OPPORTUNITY TO ADOPT A CAT: A loving home is needed for 3 kittens together with their mom. If you're ready to offer a warm lap, fun playtime, and lots of affection, this cat family could be the perfect match for you. Interested? Please contact Alonica at 302-345-4696 for more details.

CHILDREN & YOUTH CORNER

CHILDREN'S SABBATH SCHOOL (10:15AM - 11:15AM)

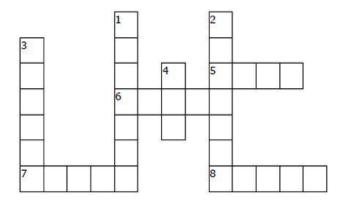
Please bring your children for Sabbath school at 10:15am every Sabbath. It's an excellent opportunity for them to learn about God, enjoy the Sabbath and make new friends.

Giving Thanks

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name. Psalm 100:4

Puzzle is based on Psalm 100





ACROSS

- A short piece of music that is sung
- To talk or exclaim in a very loud voice
- 7. A small animal with a wooly coat
- 8. The planet where people live

DOWN

- To express one's love and adoration for God
- 2. A field covered with grass where animals eat
- 3. An expression of appreciation
- 4. A feeling of great happiness

WORSHIP	SONG	JOY	THANKS
PASTURE	EARTH	SHOUT	SHEEP

SABBATH SCHOOL EMPHASIS

Quarter 4, 2024 Sabbath Offering and Projects

North American Division

13th Sabbath Offering:

Donations start immediately and the last donations to be collected on **December 28**

Assists 3 projects in:

Bethel, Alaska, U.S.A. St. Louis, Missouri, U.S.A. Baltimore, Maryland, U.S.A.

Pray for our brothers and sisters and their efforts to spread the gospel of Jesus Christ in this region.

Theme: Eternal Buddy System

Opportunities

This quarter's Thirteenth Sabbath Offering will support three projects in the North American Division:

- Center of influence for Alaska Natives, Bethel, Alaska, U.S.A.
- Mission outreach for 2025 General Conference Session, St. Louis, Missouri, U.S.A.
- Urban life center and church plant, Baltimore, Maryland, U.S.A.

How can we give to Missions?

Tithe Envelope:

Write on a blank line:

World Budget

Thirteenth (13th) Sabbath - Sabbath School

Adventistgiving.com:

West Wilmington SDA Church

World Offerings

Add Categories

Thirteenth (13th) Sabbath - Sabbath School / Decimotercer (13°) Sábado - Escuela Sabática / Offrande du 13e sabbat (EDS)

HEALTH MINISTRY SPOTLIGHT

"November is National Diabetes Month, a time when communities across the country seek to bring attention to diabetes. This year's focus is on taking action to prevent diabetes health problems.

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It affects about 38 million Americans, including adults and youth. Diabetes can damage the eyes, kidneys, nerves, and heart, and it is linked to some types of cancer. But there's also good news: Taking charge of your health may help you prevent diabetes health problems.

Tips to get started

- Know your risk for developing diabetes: You are more likely to develop type 2 diabetes if you have overweight or obesity; are age 35 or older; have a family history of diabetes; are African American, American Indian, Asian American, Hispanic or Latino, or Pacific Islander; are not physically active; or have prediabetes.
- Manage your blood glucose, blood pressure, and cholesterol levels: Preventing diabetes or managing diabetes as soon as possible after diagnosis may help prevent diabetes health problems. You can start by managing your diabetes ABCs (A1C, blood pressure & cholesterol).
- Take small steps toward healthy habits: Lifestyle habits such as planning healthy meals, being physically active, getting enough sleep, and not smoking may help you prevent diabetes or manage your diabetes ABCs.
- Take your medications as prescribed: Remember to take your medicines even if you feel healthy. Talk with your doctor or pharmacist if you have trouble taking your medicines.
- Reach or maintain a healthy weight: Ask your primary care provider if healthy eating, physical activity, or other weight-loss treatments may help you manage your weight.
- Take care of your mental health: Managing diabetes can be hard. If you feel down, sad, or overwhelmed, learn about healthy ways to cope with stress. Consider talking to a mental health counselor or joining a support group." (NIDDK.NIH.GOV, 2024),

PRAISE & PRAYER REQUESTS

PRAISES:

- November Birthdays: We thank God for all those who have a birthday in November.
- Kenya Medical Mission: We thank God for His protection and provision and safe travels thus far for all who participated in this medical mission. Please continue to pray for all of the individuals and families who were served during this time.

PRAYER REQUESTS:

- Kennedy Nyabwari: He recently underwent a procedure. Please keep him in prayer for healing and a full recovery.
- Nadine Murtaugh: She recently lost her mother-in-law. Please keep her in prayer.
- Beverly Ortiz: She recently had surgery and continues to recover.
 Please remember her in your prayers for a full recovery.
- Valerie Bucknor's Mom: Please keep praying for her recovery.
- Edna Makoyo's father for healing mercies.
- Victor Pile for God's healing following a recent two strokes and a surgery.
- Josie Otwell: Aunt to Sharan Moran as she has been diagnosed with cancer.
- Benjamin Nyakundi: Pray for God's healing mercies
- Adriano deGuzman: Father to Mieziele Malangyaon. Praying for full recovery.
- Ongoing Bible Studies: Pray for God's leading the hearts of those who are having bible studies and those who are seeking to join.

STEWARDSHIP



Thank you for your faithfulness in giving. You can return your tithes and offerings in 3 ways:

- In-person: Drop it off on Sabbath
- Mail: 3003 Millcreek Road, Wilmington DE 19808
- Online: via Adventistgiving.org

A SOUND MIND IN A SOUND BODY

But I keep under my body, and bring it into subjection: lest that by any means, when I have preached to others, I myself should be a castaway. 1 Corinthians 9:27.

"Whatever detracts from physical vigor weakens mental effort. Hence, every practice unfavorable to the health of the body should be resolutely shunned.... We cannot maintain consecration to God, and yet injure our health by the willful indulgence of a wrong habit. Self-denial is one of the conditions, not only of admission into the service of Christ but of continuance therein.... He who will observe simplicity in all his habits, restricting the appetite and controlling the passions, may preserve his mental powers strong, active, and vigorous, quick to perceive everything which demands thought or action, keen to discriminate between the holy and the unholy, and ready to engage in every enterprise for the glory of God and the benefit of humanity".

From Our High Calling - Page 270

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